



Health History for New Patients

Patient Name: _____

Date: _____

Please list any medical conditions during the past 10 years that required hospitalization or treatment for a period more than 2 weeks.

Have You ever been treated for a traumatic injury? YES ___ NO ___

If yes, please specify:

Year: _____ Type of Injury: _____ How injury occurred: _____

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FAMILY HISTORY

Please indicate if a family member has been treated for any of the following:

Hypertension	YES ___	NO ___
Diabetes	YES ___	NO ___
High Cholesterol	YES ___	NO ___
Cancer (Type) _____	YES ___	NO ___
Stroke	YES ___	NO ___
Heart Disease	YES ___	NO ___
Depression	YES ___	NO ___
Other (Specify) _____	YES ___	NO ___

SOCIAL HISTORY

Occupation: _____

Have you traveled outside the US in the past 5 years? YES ___ NO ___

Date: _____ Location: _____

Date: _____ Location: _____

LIFESTYLE

Did you or do you smoke? YES ___ NO ___

Packs per day _____ For how long _____

When did you quit? _____



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Do you drink alcohol? YES ___ NO ___

How often? _____

Have you ever used or are currently using drugs? YES ___ NO ___

Explain: _____

MEDICATIONS

Please list all prescriptions/medications you are taking.

Medication: _____ Dosage: _____ Reason: _____

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Medication: _____ Dosage: _____ Reason: _____

Please list any vitamin/supplements you are taking.

Vitamin/Supplement: _____ Vitamin/Supplement: _____

Vitamin/Supplement: _____ Vitamin/Supplement: _____

Vitamin/Supplement: _____ Vitamin/Supplement: _____

Please list any medication allergies.

Medication: _____ Reaction/Symptom: _____

Medication: _____ Reaction/Symptom: _____

SURGERIES

Please list any surgeries you have had.

Type: _____ Date: _____ Hospital/Facility: _____

Type: _____ Date: _____ Hospital/Facility: _____

MEN ONLY

When was you last PSA? Date: _____

WOMEN ONLY

How many pregnancies have you had? _____ Years: _____

Complications: _____

Have you gone through menopause? YES ___ NO ___

Last mammogram: Date: _____ Normal? YES ___ NO ___

Last PAP smear: Date: _____ Normal? YES ___ NO ___



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REVIEW OF SYMPTOMS

Please describe your general health: Excellent: _____ Good: _____ Fair: _____ Poor: _____

Please check YES or NO to the following health questions, past or present.

Head and Neck

Eye Disease / injury or impairment:	YES ___	NO ___
Ear disease / injury or impairment:	YES ___	NO ___
Nose sinus, mouth, throat complaints:	YES ___	NO ___
Enlarged glands:	YES ___	NO ___

Cardiovascular

Chest pain or angina:	YES ___	NO ___
Heart murmur:	YES ___	NO ___
Heart attack:	YES ___	NO ___
Heart surgery:	YES ___	NO ___
Heart valve problem:	YES ___	NO ___
Heart palpitation or fluttering:	YES ___	NO ___
Swelling of ankles feet or hands:	YES ___	NO ___
Varicose veins:	YES ___	NO ___
High blood pressure (hypertension):	YES ___	NO ___
Peripheral vascular disease:	YES ___	NO ___

Gastrointestinal

Ulcer or other stomach problems:	YES ___	NO ___
Indigestion or pain after eating:	YES ___	NO ___
Appendicitis:	YES ___	NO ___
Liver disease, hepatitis, or Jaundice:	YES ___	NO ___
Gallbladder disease:	YES ___	NO ___
Hemorrhoids:	YES ___	NO ___
Rectal Bleeding:	YES ___	NO ___
Persistent change in bowel habits:	YES ___	NO ___

Genitourinary

Bladder or kidney infections:	YES ___	NO ___
Blood in urine:	YES ___	NO ___
Kidney Stones:	YES ___	NO ___
Difficulty urinating:	YES ___	NO ___
Incontinence:	YES ___	NO ___
Impotence:	YES ___	NO ___



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Hematopoietic

Blood Clots: YES ___ NO ___
 Easy bruising: YES ___ NO ___
 Anemia: YES ___ NO ___
 Do you take aspirin? YES ___ NO ___
 Do you take blood thinners? YES ___ NO ___

Metabolic / Endocrine

Diabetes: YES ___ NO ___
 Sugar in urine: YES ___ NO ___
 Do you take steroids? YES ___ NO ___
 Thyroid goiter: YES ___ NO ___

Musculoskeletal

Bone fractures: YES ___ NO ___
 Arthritis: YES ___ NO ___
 If YES Type: _____

Neurologic

Fainting spells / Loss of consciousness: YES ___ NO ___
 Convulsions / Seizures: YES ___ NO ___
 Paralysis: YES ___ NO ___
 Dizziness: YES ___ NO ___
 Frequent and/or severe headaches: YES ___ NO ___

Physiological

Depression: YES ___ NO ___
 Anxiety: YES ___ NO ___
 Sleep disorders: YES ___ NO ___
 Hallucinations: YES ___ NO ___

Respiratory

Chronic or frequent cough: YES ___ NO ___
 History of tuberculosis: YES ___ NO ___
 Pneumonia: YES ___ NO ___
 Emphysema / COPD: YES ___ NO ___
 Asthma: YES ___ NO ___

Skin

Skin cancer: YES ___ NO ___
 Other skin disorder / disease: YES ___ NO ___